



Washington County, OH

Are you struggling to find a way to help a friend or family member with mental illness?

Family-to-Family Educational Program

A **FREE** series of 12 weekly classes to help people understand and support their loved ones with mental illnesses, including:

- Bipolar Disorder
- Major Depression
- Obsessive Compulsive Disorder
- Schizophrenia
- Borderline Personality Disorder
- Panic Disorder
- Post-Traumatic Stress Disorder
- Co-Occurring Substance Use and Mental Health Disorders

Or if you suspect your loved one has a mental illness.



*Learn about illnesses of the brain and their treatment.
Gain communication and coping skills.
Learn to be an advocate for yourself and your loved one.*

**Classes are from 6:00 – 8:30 PM
on 12 consecutive Tuesdays, starting February 26, 2019.**

FOR MORE INFORMATION CALL

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